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Vitamin B-12 Informed Consent Form

Vitamin B-12 helps maintain good health and better absorbed by the body since they go directly into bloodstream. B-12 has been shown to be beneficial in reducing the following conditions:

Stress, Fatigue, Improve Memory and Cardiovascular health, Maintain Body weight, Assist body in converting proteins, fats and carbohydrates into energy, Good for healthy skin and eyes, Neurological damage, Nerve pain due to shingles outbreak, Mood changes, Muscle weakness and hormone imbalances.

B 12 injections common side effects include but are not limited to:

1. Risks: I understand there is a risk of mild diarrhea, upset stomach, nausea, a feeling of pain and a warm sensation at the site of the injection, a feeling or a sense of being swollen over the entire body, headache and joint pain.
2. If any of these side effects become severe or troublesome, **I will contact my physician immediately 321-422-2240.**
3. I understand that although rare occurrence, Vitamin B-12 Injections should be aware of the possibility. Uncommon side effects are much more serious than the common side effects of B-12 injections, and such side effects should be reported to a physician to be evaluated for seriousness. Uncommon and dangerous side effects includes the following:
 - Chest pain
 - Confusion
 - Dizziness
 - Difficulty breathing
 - Hives, skin rashes
 - Rapid heartbeat
 - Tight feeling in Chest
4. Before starting B-12 injections I will make sure to tell my Physician if I am pregnant, lactating or have any of the following conditions:
 - Allergy to cobalt
 - Any bone marrow issues
 - Allergy to medication/dye/food
 - Liver disease
 - Leber's disease
 - Kidney disease

- An infection
 - Folic Acid deficiency
 - Iron deficiency
- Taking medication that has effect on bone marrow

Patient Name: _____ Phone _____

Address: _____ City _____

Patient Signature: _____ Date: _____